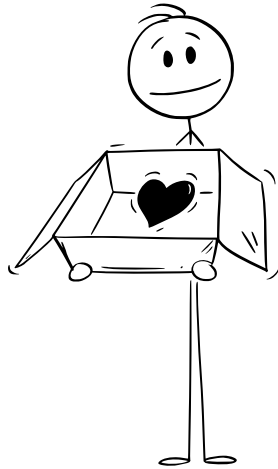


Don't Force The Flow...

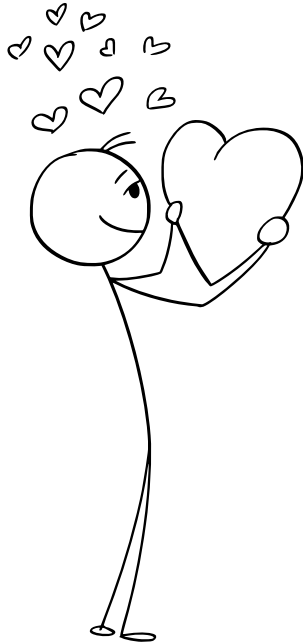
Follow The Feelgood!



get out of a funk  
and into the feelgood,  
no matter what you're going  
through.

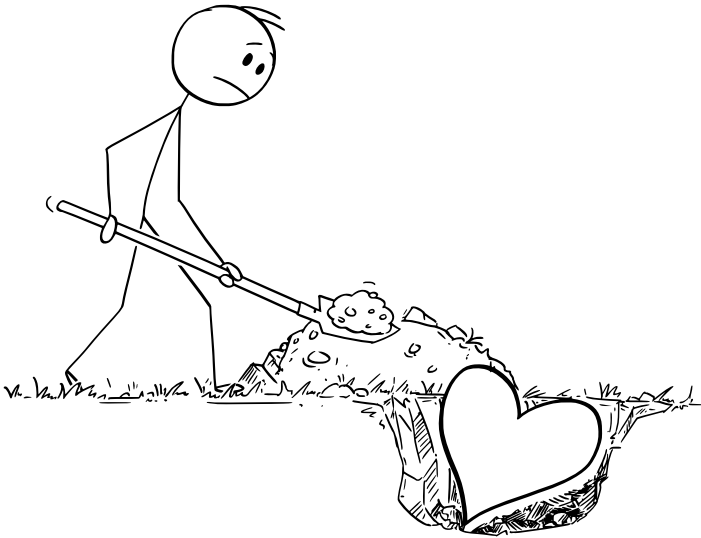
by Tiffany Manchester

it's time to hear  
what love would say



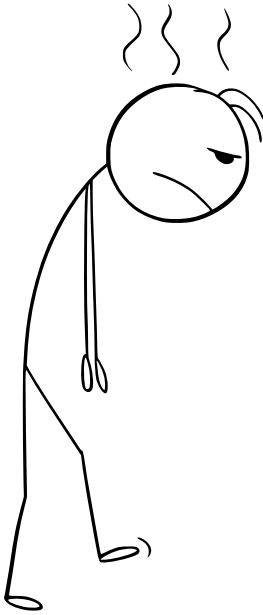
and feel the kindness  
it would have you know

but how can it ever  
lead the way...

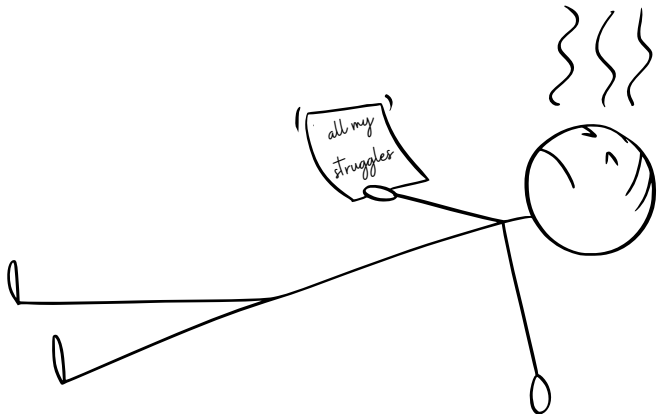


when you're so afraid to  
let go?

surrender your mind



go ahead, lose ALL control



gladly watch those  
struggles fade away...

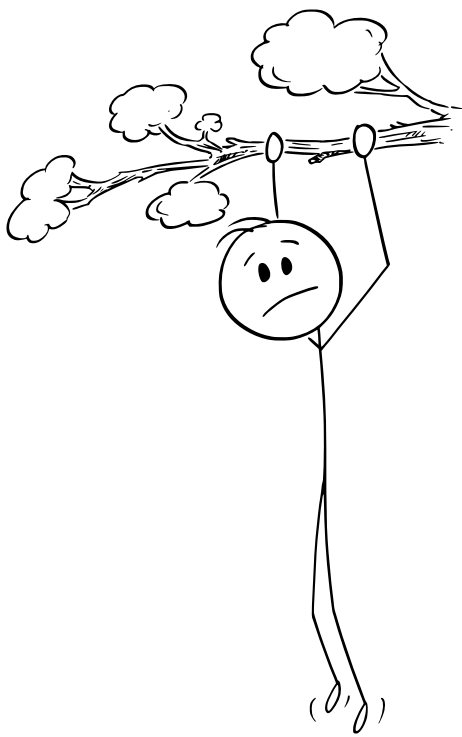


they can't help you  
in ANY way

you don't need to fight back

so give it up!

be okay with caving in



go ahead,

let go of  
everything

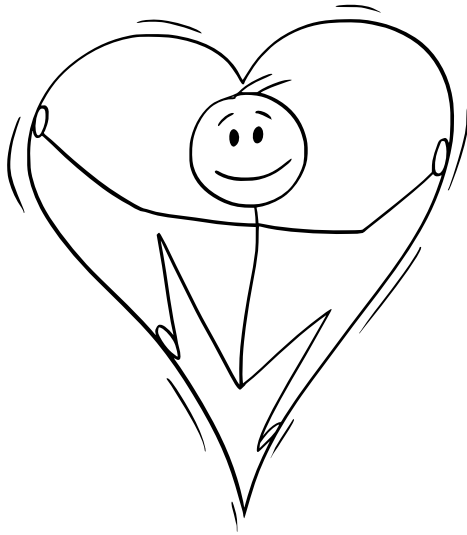
but this...

allow yourself time  
to go oooh amazingly  
slow!



as you gently release  
**ANY** need for control

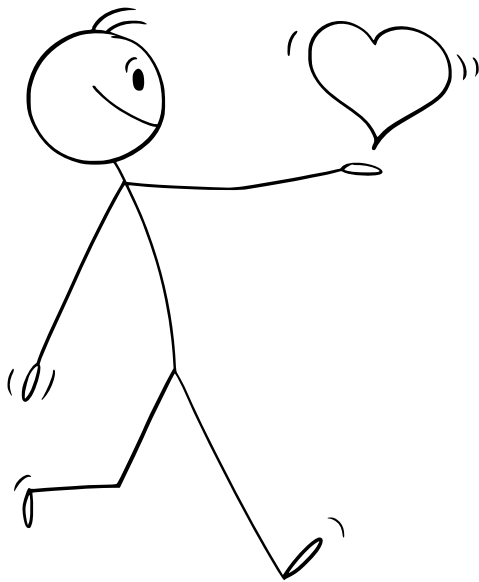
let feeling good  
be your one true guide



and only move forward  
when you feel it inside



listen for a whisper  
your heart beats the way  
divinely entangled  
cannot lead you astray



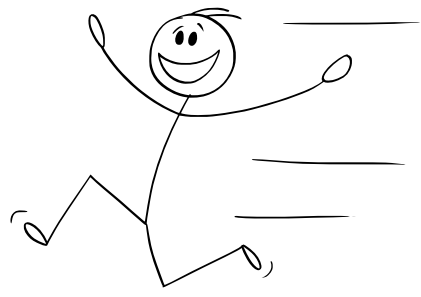
have faith in what's true  
ask the angels to play!



they want you to laugh  
can't wait to brighten your day!

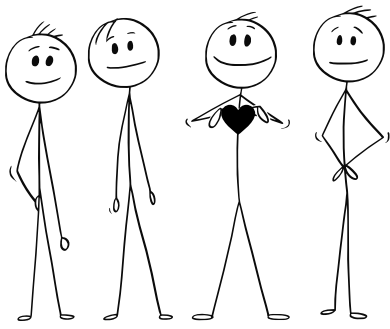


you were born to feel good



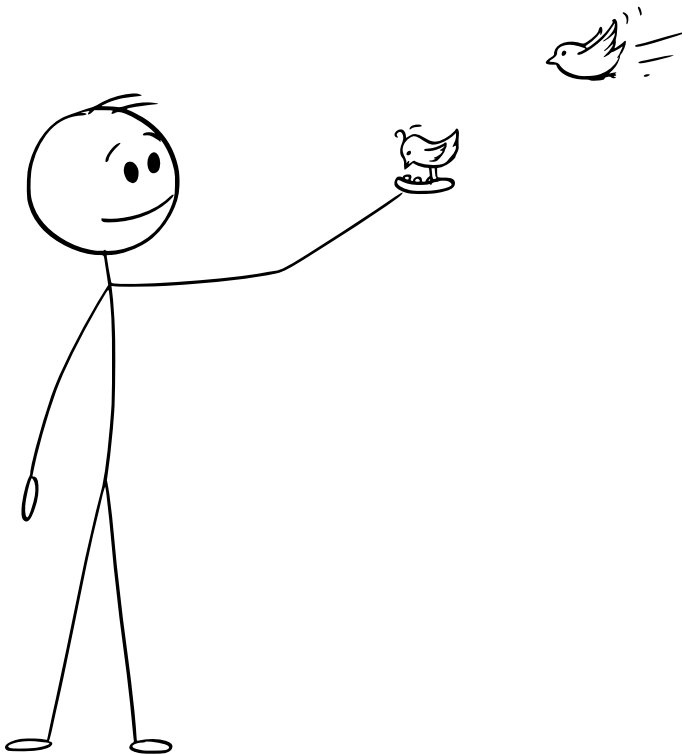
know every day drama free!

live your life so on point



others can't help but see.

all you've got is the present  
so let the past go  
take care in each moment  
true love is the goal.



now listen for answers

let your inner being  
show the way!

it'll give you bright signs

clear the path for your way.

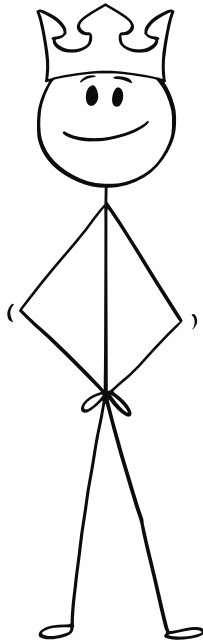


so drop all that baggage  
to lighten your load



be free from all pain  
it's the only way home

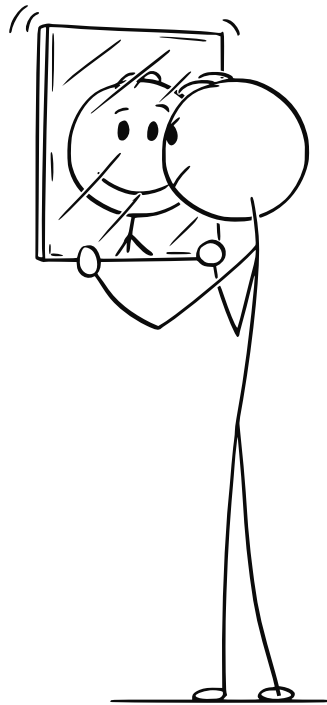
believe in your truth  
and watch your life  
thrive



forget about the how  
& keep your eye on the  
**WHY**

you're ready  
let go!  
and be glad to surrender

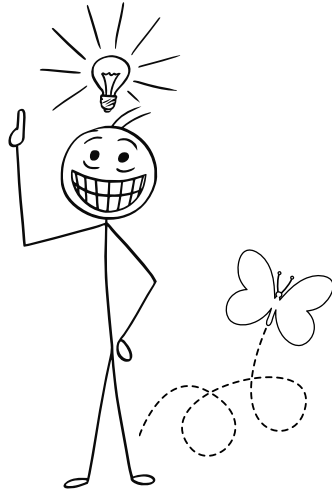
you know...



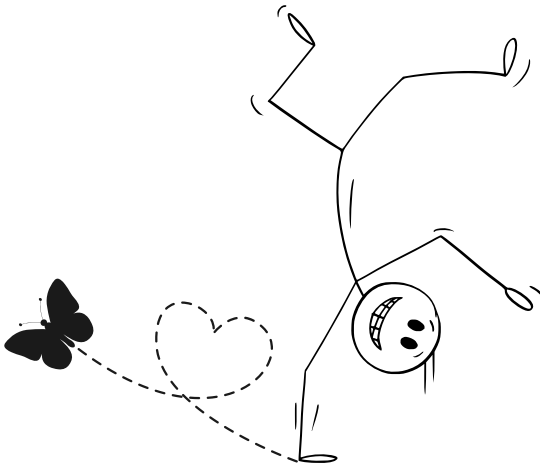
forgiveness is the answer



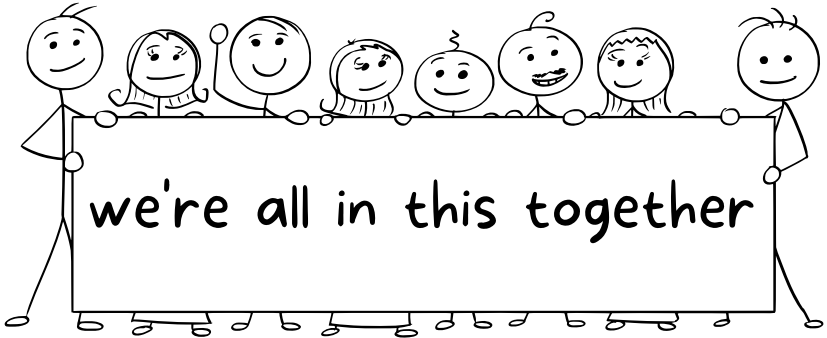
your mind can change  
you'll have such happy days...



when you follow the feelgood  
you'll break **ALL** those chains!



you've got it in you



we share the same truth

just be still...REMEMBER!

THE END.

Did you like this?

If YES, you may enjoy my novels too!

Check them out at:

[tiffanymanchester.com/books](https://tiffanymanchester.com/books)

HAVE A  
GREAT DAY!